

# Easy Dress - 301

**View A** - Scoop Neck Dress features bust darts, faced neckline, patch pockets and short or long sleeves with optional sleeve tuck. Choose casual or dressy depending upon your fabric choice.

**View B** - Button front dress features bust darts, faced front opening side seam pockets and short or long sleeves with optional sleeve tuck. Go from sporty to classic with your choice of buttons and fabrics.

**Bonus Pattern - Bike Shorts / Knickers** - Bike shorts/ knickers can be worn as a sports garment for exercising or as a comfortable "anti-chafe" undergarment. Trim with stretch lace for a feminine touch.

## Notions

**Easy Dress - View A** - Thread, 3 m (1/4 yd) lightweight interfacing, 1.4 m (1 3/4 yd) of .6 cm (1/4 in) bathing suit elastic, .5 m (1/2 yd) of .6 cm (1/4 in) twill tape. **View B** - Thread, .5 m (1/2 yd) of lightweight interfacing, 1.4 m (1-3/4 yd) of .6 cm (1/4 in) bathing suit elastic, .5 m (1/2 yd) of .6 cm (1/4 in) twill tape, buttons 1.25 cm (1/2 in): 5 for bodice and 2 for long sleeve option.

**Bonus Pattern - Bike Shorts / Knickers**  
Thread, 1.0 m (1-1/8 yd) of 2.5 cm (1 in) sport elastic, #11 blue ball point needle, 4.0 mm ballpoint twin needle, optional leg elastic 1.0 m (1-1/8 yd) of gripper elastic, stretch lace elastic or felt-back elastic.

## Important - Seam Allowances

Seam allowances for the dress pattern are 1 cm (3/8 in) unless otherwise indicated on the pattern piece. Seam allowances for the bike shorts are .5 cm (3/16 in) unless otherwise indicated.

- This is a multi-sized pattern.
- The Perfect Fit Guide™ for custom fitting is included in these instructions.

## Requirements

### Fabric View A with Long Sleeves

SIZE	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14-16	3.8 (4 1/8)	3.8 (4 1/8)	3.8 (4 1/8)
18-24	4.1 (4 1/2)	3.8 (4 1/8)	3.8 (4 1/8)

### Fabric View A with Short Sleeves

SIZE	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14-16	3.5 (3 7/8)	3.5 (3 7/8)	3.5 (3 7/8)
18-24	3.9 (4 1/4)	3.5 (3 7/8)	3.5 (3 7/8)

### Fabric View B with Long Sleeves

SIZE	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14-16	3.8 (4 1/8)	3.8 (4 1/8)	3.8 (4 1/8)
18-24	4.5 (4 7/8)	3.8 (4 1/8)	3.8 (4 1/8)

### Fabric View B with Short Sleeves

SIZE	115 cm (45 in)	140 cm (54 in)	150 cm (60 in)
14-16	3.6 (3 7/8)	3.6 (3 7/8)	3.6 (3 7/8)
18-24	4.0 (4 3/8)	3.6 (3 7/8)	3.6 (3 7/8)

### Fabric Bike Shorts / Knickers

Stretch running width or length of fabric

SIZE	140 cm (54 in)	150 cm (60 in)
All	.7 (7/8)	.7 (7/8)

**Measurement Charts** - This pattern is designed for the full-figured petite woman. She has narrow shoulders, full bust, short waist length, and rounded tummy.

Body Measurements	SIZE		14	16	18	20	22	24
			high bust	92 (36)	97 (38)	102 (40)	107 (42)	112 (44)
Choose your size according to your high bust measurement.	full bust	cm (in)	102 (40)	107 (42)	112 (44)	117 (46)	122 (48)	127 (50)
	waist	81 (32)	87 (34)	91.5 (36)	96.5 (38)	102 (40)	107 (42)	
	tummy*	109 (43)	114 (45)	119 (47)	125 (49)	130 (51)	135 (53)	
	hip**	107 (42)	112 (44)	117 (46)	122 (48)	127 (50)	132 (52)	
	back waist length	36.2 (14 1/4)	36.5 (14 3/8)	36.8 (14 1/2)	37.1 (14 5/8)	37.4 (14 3/4)	37.8 (14 7/8)	
back shoulder width	36.6 (14 1/2)	37.4 (14 3/4)	38 (15)	38.6 (15 1/4)	39.2 (15 1/2)	40 (15 3/4)		

## Finished Garment Measurements

Dress	centre back length	cm in	110 43 5/16	111.4 43 7/8	112.9 44 7/16	114.3 45	115.7 45 1/2	117.1 46 1/8
			width at hem	98.3 38 3/4	100.9 39 3/4	103.4 40 3/4	106 41 3/4	108.5 42 3/4
			1X (14-16)		2X (18-20)		3X (22-24)	
Bike Shorts/ Knickers	inseam length	cm	26.7 (10 1/2)		26.7 (10 1/2)		26.7 (10 1/2)	
	outseam length	(in)	50.6 (20)		52 (20 1/2)		53.8 (21 1/8)	
	circumference of hem		32.4 (12 3/4)		34.9 (13 3/4)		37.5 (14 3/4)	

## Suggested Fabrics

**Dress** - Soft, lightweight drapey fabrics, woven or knit with 25% or less stretch in cotton, rayon, silk, microfibre, single or doubleknits. **Bonus Pattern - Bike Shorts / Knickers** - Cotton/lycra®, Nylon/lycra® with 2-way (100%) stretch. Always check body measurement. Fabric requirements do not allow for shrinkage. Allow extra fabric for matching stripes or plaids.