



## Petite Plus Patterns

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## 650 — Bike Short/Knicker

Bike Short/Knickers can be worn as a sports garment for exercising or as a comfortable “anti-chafe” garment under dresses and skirts. Instructions include options for decorative stretch lace trim and inside gripper elastic.

Fabric	
Stretch must run width & length of fabric	
	<b>140 cm (54 in) and 150 cm (60 in)</b>
All Sizes	.7 m (7/8 yd)

**Notions** Thread, 1.0 m (1-1/8 yd) of 2.5 cm (1 in) sport elastic., #11 blue ball point needle, 4.0 mm ballpoint twin needle. Optional: 1m (1 1/8 yd) of 2 - 2.5 cm (3/4 - 1 in ) wide inside Gripper leg elastic and /or Stretch Lace trim.

### Suggested Fabrics

Suggest fabrics only: Cotton, nylon and polyester blended with elastine or spandex that has 70 - 100% stretch in both width and length.

### Seam Allowances

.5 cm (3/16 in) unless noted otherwise on pattern tissue.

### Size Information

This multi-sized pattern is designed for a full-figured petite woman with short legs, shorter crotch depth and rounded tummy. Compare your measurements to the chart below and choose your size by either your **Hip** or your **Tummy** measurement. Use the pattern’s multi-sized lines and shorten/lengthen lines to customize for your figure.

Body Measurements	14		16		18		20		22		24	
	cm	in	cm	in	cm	in	cm	in	cm	in	cm	in
<b>Waist</b>	81	32	87	34	91.5	36	96.5	38	102	40	107	42
<b>*Tummy</b>	109	43	114	45	119	47	125	49	130	51	135	53
<b>**Hip</b>	107	42	112	44	117	46	122	48	127	50	132	52

*\*tummy measured 11 cm (4½ in) from waist. \*\* hip measured 20 cm (8 in) from waist.*

Finished Garment Measurements		1X (14-16)	2X (18-20)	3X (22-24)
Inseam length	cm	26.7	26.7	26.7
	in	10 1/2	10 1/2	10 1/2
Outseam length	cm	50.6	52	53.8
	in	20	23 1/2	21 1/8
Hem Circumference	cm	32.4	34.9	37.5
	in	12 3/4	13 3/4	14 3/4